

January 2026



NORTH Harmony

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Daily Activities: 8:30 am: Get the Day Rollin' Hydration Time: 9:30am and 1:30pm. 3pm: Sensory 6:45: Hot Cocoa & Tea</p> <p>*Activities Subject to Change</p>	<p>Friday Afternoon: Movie available on Channel 15 Sunday Afternoon: 1:00 Church service in Chapel or enjoy on TV Ch 14</p>			1 New Years 9:00 Finish the Phrases 10:00 Firework Painting 1:00 Chair Stretching 2:00 Movie and Popcorn	2 9:00 Devotionals 10:00 BINGO 1:00 Sit and Fit to Music 2:00 Name that Sound	3 9:00 Pretty Nails 10:00 Winter Trivia 1:00 Music and Movement 2:00 Word Search
4 9:00 Sit & Fit 10:00 Snowflake Art 1:00 Church Service 2:30 Sing-along	5 National Bird Day 9:00 Motivational Monday 10:00 Bird Craft 1:00 Guess the Bird 2:00 Resident Council	6 9:00 Coffee Talk 10:00 BINGO 1:00 Move & Groove 2:30 Wood Craft	7 Beauty Shop Day 9:00 Magazine Extravaganza 10:00 Pretty Nails 1:00 Sit & Fit 2:00 Fact or Fiction	8 Elvis's Birthday 9:00 Elvis Music and Trivia 10:00 Food Council 1:00 Balloon Volleyball 2:00 Elvis Movie and Popcorn	9 Live Entertainment 9:00 Would you rather? 10:00 Music with Vickie 1:00 Bean Bag Toss 2:00 BINGO	10 National Bitter Chocolate Day 9:00 Chocolate Trivia 10:00 Chocolate Tasting 1:00 Sit and Fit 2:00 Pretty Nails
11 9:00 Remember when 10:00 Bean Bag Toss 1:00 Church Service 2:30 Winter Coloring	12 9:00 Warm Drinks & Words 10:00 Name That Object 1:00 January Craft 2:00 Ball Toss	13 Live Entertainment 9:00 Would you rather 10:00 BINGO 1:00 Kick Ball 2:00 The Easters	14 Beauty Shop Day 9:00 Daily Delights 10:00 Coloring Pages 1:00 Bible Study with Chuck 2:00 Pretty Nails	15 Strawberry Ice Cream Day 9:00 Ice Cream Craft 10:00 Sweet Reminisce 1:00 Build your own sundae 2:00 Movie and Popcorn	16 9:00 Devotionals 10:00 BINGO 1:00 Move & Groove 2:00 Design a Mitten	17 9:00 Pretty Nails 10:00 Coffee & Chat 1:00 Balloon Volleyball 2:00 Sticker Art
18 Winnie the Pooh Day 9:00 Daily Delights 10:00 Winnie the Pooh Fun Facts 1:00 Church Service 2:30 Winnie the Pooh coloring	19 National Popcorn Day 9:00 Popcorn Craft 10:00 Rachel Comfort Dog 1:00 Kick Ball 2:00 Rate the Popcorn	20 Senior Science Lab 9:00 Talk-it Out Tuesday 10:00 BINGO 1:00 Balloon Volleyball 2:30 Science Experiment	21 Beauty Shop Day 9:00 Word Play Wednesday 10:00 Pretty Nails 1:00 Music & Movement 2:00 Snowman Face Craft	22 9:00 Hot Cocoa & Hot Topics 10:00 Texture Collage Craft 1:00 Sit & Sing-along 2:00 Movie and Popcorn	23 National Pie Day 9:00 Make a Pie 10:00 BINGO 1:00 Pie Samplers 2:00 Wod Trivia	24 9:00 Pretty Nails 10:00 Wrapping Races 1:00 Whiteboard Game 2:00 Winter coloring
25 9:00 Baking Cupcakes 10:00 Coffee Talk 1:00 Church Service 2:30 "Anything Blue" Craft	26 9:00 Motivational Monday 10:00 Never Have I Ever 1:00 Ball Bounce 2:00 Guess the Price	27 National Chocolate Cake Day & Resident Voting 9:00 Resident Voting 10:00 BINGO 1:00 Cake Trivia 2:30 Decorate the cake	28 Beauty Shop Day 9:00 Daily Delights 10:00 Word Search 1:00 Bible Study w/ Chuck 2:00 Pretty Nails	29 National Puzzle Day 9:00 Feeling Puzzled? 10:00 Puzzle Art 1:00 Sit & Fit to Music 2:00 Movie and Popcorn	30 9:00 Coffee & Conversation 10:00 BINGO 1:00 Keep the Beat 2:00 Matching Game	31 9:00 Daily Devotionals 10:00 Wakeup & Wiggle 1:00 Spot the Difference 2:00 Color by Number

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